



NASREEN KHAN

EDUCATIONAL KINESIOLOGIST

PERSONAL PROFILE

NAME:

Nasreen Yousuf Khan (Nee
Mather)

DATE OF BIRTH:

1975-05-27

ID NUMBER:

750527 0190 08 6

GENDER:

Female

MARITAL STATUS:

Married

DRIVERS LICENCE:

Yes

CAREER TIMELINE

Sir Liege Primary School, Educator

1999- 2002

- Educator
- Coordinated an outreach reading program

Al- Falaah College Durban, Educator

2003

- Educator
- Edited school magazine

Neuro Connections, Co-Owner & Educational Kinesiologist

2004-2007

- Outreach Kinesiology sessions at Stanger Hospital and various Pre-primary schools

EDUCATION

Stanger Madressah Primary
1980-1987

M.L. Sultan High School
1988-1992

Gap Year
1993

Rhodes University
1994-1998
Degrees achieved:
B.Prim.Ed Rhodes
Thesis- The ability to
communicate effectively
Kinesiology UCLA

REFERENCES

SARAH RALFE
Deputy Dean, Embury College
+27 72 356 8563

THEO HOULIS
Principal, Conductive
Education School of Kuwait
+965 511 89400
(Please refer to attached
reference letter)

EILEEN RICHARDS
Lecturer, Embury College
+27 83 775 5692

Conductive Education School of Kuwait (CESK), Educator

2008-2009

- Worked with children with special needs including severe mental and physical challenges
- Conducted Brain Gym exercises to bring out children's potential

Embury College Durban & Richards Bay, Head Lecturer

2010-2012

- Lectured on Early Childhood Development & Child Psychology
- Taught disadvantaged students who were aiming to further their studies

Stay-at-home parent

2013-2017

Nasreen Khan Private Practice, Owner & Kinesiotherapist

2017- CURRENTLY

- Conduct therapy sessions with children from the following schools:
 - - Ocean Kids (Dunkirk Estate Salt Rock)
 - - Eco Kids (Simbithi Estate, Ballito)
 - - Crawford Schools
 - - Curro Schools
- Host talks for parents
- Host children's workshops

CONTACT

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South Africa

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Stanger, KZN
South Africa
4450

ACHIEVEMENTS

Please refer to attached copies of relevant documents

- Head Prefect- Primary School (1987)
- Prefect- High School (1992)
- Degree: B. Prim. Ed Rhodes (1998) Thesis- The ability to communicate effectively
- Degree: Kinesiology UCLA (2002)
- First woman of colour to qualify in Educational Kinesiology

CERTIFICATES for workshops, conference, seminars & other

- Certificate for Brain Gym for Educators (2000)
- Certificate for Integration of Reflexes and Reactions (2002)
- Certificate for Vision Circles (2002)
- Certificate for Brain Organization Profile seminar (2002)
- Certificate for Brain Gym seminar (2002)
- Certificate for Guidelines for teaching Students with Special Needs (2009)
- Certificate for Peak Conference (2008)
- Certificate for presenting workshop on Brain Gym
- Certificate for Speech Therapy in General
- Certificate for Introduction to Conductive Education
- Certificate for Attention Deficit Hyperactivity Disorder and Co-Morbid Disorders
- Certificate of acceptance as a bona fide member of the Ubuntu Traditional Healers Organisation
- Certificate of completion of Introductory Play Therapy Workshop (2019)